



Home-made cleaning quick fixes

It's possible to make cheap, effective cleaners from basic kitchen cupboard ingredients, and a little elbow grease! Cheap and effective, they make spring cleaning a breeze! **So do try these at home....**



Cleaning clogged shower heads

Ingredients: 1 cup of white vinegar

Unscrew the shower head and soak in a solution made up of equal parts of boiling water and white vinegar. Leave for several hours, preferably overnight. In the morning drain away the solution and rinse well before replacing the shower head.



Cleaning silver

Ingredients: 1 tbsp of salt, aluminium foil

Find a container large enough to immerse the silver item into. Put a piece of aluminium foil into the container and add hot water and salt. Dip the silverware into the solution and after a few seconds it will become clean and shining.



Glass shower doors

Ingredients: 2tbsp of salt, ½ cup of lemon juice

To shift soap scum from glass shower doors, mix 2tbsp of salt and ½ cup of lemon juice then, using a clean cloth, rub the lemon/salt solution over the soap scum until the glass comes up squeaky clean.



Computer equipment

Ingredients: white vinegar

To lift grease and dirt from monitors and keyboards use a cotton/lint-free cloth, dipped in a little white vinegar so the cloth is only slightly damp, then wipe over equipment.



Remove limescale from taps

Ingredients: White vinegar

Simply soak a cloth in white vinegar, and wrap around the taps, leaving overnight. Remove in the morning and you'll have bright, sparkling taps.



Cleaning paste

Ingredients: 1tsp of lemon juice, baking soda

1tsp of lemon juice, 1tsp vinegar and enough baking soda to mix into a smooth paste. Using a damp cloth rub the paste onto surfaces to scour clean. OK to use on shiny surfaces, pots, pans and chrome."



Ultimate trainer deodoriser

Ingredients: Peppermint Essential Oil, Tea Tree Oil, 2 tbsp of Bicarbonate of soda

Ideal for eliminating trainer smells after workouts / exercise:

Apply 3 drops of Tisserand peppermint oil and 3 drops of tea-tree oil directly to the inside of trainers and leave overnight. To super-freshen, add 2 tablespoons of bicarbonate of soda, leave over night and discard in the morning. [Recipe kindly provided by Tonya of Tisserand Aromatherapy].

For Homemade toiletry recipes please see our 40-page handbook – over 100 recipes to pamper yourself top to toe! The proceeds will be used to help support animal welfare, rescue and rehabilitation through Naturewatch Foundation.